



RESPIRE ROCKS PROGRAM

The Charles Lea Center

About the Charles Lea Center

Established in 1971, the Charles Lea Center is a haven for more than 1,400 individuals with disabilities and special needs - newborns to seniors and their families, at two campuses and 60 group homes in Spartanburg County. As a vital community resource, it provides services that often cannot be found elsewhere in the Upstate.

The Center employs approximately 650 people, most of whom work directly with individuals who receive services at the Center. This staff is committed to providing the most compassionate services and developing opportunities that will lead to an improved quality of life for all served.

Mission Statement

The Charles Lea Center is committed to supporting people with disabilities and special needs where they live, where they work and where they play.

*Caring for adults
with special needs*



The Charles Lea Center

195 Burdette Street
Spartanburg, SC 29307
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What is respite?

Simply said, respite provides parents or caregivers an opportunity to take time off from caring for their loved one with a disability. Families use respite services for a number of reasons, including running errands, spending time with their other children or family members, working, attending special events such as weddings or just taking an occasional and much needed break.

Why respite?

The Charles Lea Center's Respite Rocks Program gives families a chance to regroup from the constant pressure of caring for a loved one. We understand that caring for an individual with developmental or physical disabilities can be emotionally and physically exhausting and that's why we are here – to give you a break.

The Respite Rocks Program

This pilot program, which is funded through a grant from the South Carolina Department of Disabilities & Special Needs, is specially designed to give adults a safe haven where dedicated professionals will provide care on an as-needed basis.

Eligibility requirements

Program participants in the Caregiver Relief Program must have a non-waiver status and be currently not enrolled in any type of DDSN Day Program or residential placement. The program began in November 2011 with five participants with plans to increase enrollment on a monthly basis.

Schedule & Location

The program is held at the Charles Lea Center's main campus at 195 Burdette Street in Spartanburg.

Monday – Friday: 9 a.m. - 1 p.m.

Activities

A sampling of activities offered include:

- Mobile Meals Deliveries
- Bowling
- Visits to the Spartanburg County Public Libraries
- Visits to the Chapman Cultural Center
- Recreational Activities
- Opportunities for Volunteerism
- And More!

Need to know

Families must provide meals.

No medications or medical treatments will be administered.

Staff ratio is 1:5 based on the needs of the participant.

Need to know more?

Contact Lois Durrah at Office: (864) 562-2218, Cell: (864) 398-9073 or ldurrah@charleslea.org
OR Laurie Joseph at (864) 562-2419 or laurie.joseph@charleslea.org.

“At the Charles Lea Center we understand that caregivers need a break. With the introduction of the Respite Rocks Program it will allow families the chance to do the things they need with the assurance of knowing their loved one is being cared for in a most professional and safe manner.”

Jerry Bernard – Executive Director, Charles Lea Center

